

Spring Term Soya Allergy Menu 2024-25 Weeks 1-3

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Macaroni Cheese topped with Fresh Tomato Slice	Chilli con Carne	Roast Chicken Fillet with Gravy	Wholemeal Spaghetti Meatballs	Cod or Salmon Fish Fingers
				Wholemeal Pasta Vegetable Milanaise	Cheese & Tomato Quiche
	Crispy Bread	Jacket Potatoes	Roast Potatoes		Chips
	Sweetcorn	Salad Bar	Spring Greens	Fresh Broccoli Florets	Baked Beans
	Rainbow Vegetable Sticks	Peas	Baton Carrots	Sweetcorn	Peas
	Apple Flapjack	Ice Cream (Frozen Yogurt for Serveries)	Sponge Cake & Jam	Apple Pie with Custard	Biscuit Choice

Week 1 – w/c 6th, 27th Jan, 10th, 31st Mar

Week 2		Lasagne Bake	Chicken	Sausages	Fish
	Margherita Pizza	Mixed Vegetable and Lentil Lasagne Bake	Vegetarian Wellington & Gravy		
	Wedges		Roast Potatoes	Creamed Potatoes	Chips
	Peas	Sweetcorn	Sliced Carrots	Cabbage	Baked Beans
		Broccoli	Runner Beans	Peas	Coleslaw
	Mousse with Fruit Slices	Old School Cake	Fruit Cake	Chocolate Crispy Cake	Biscuit Choice

Week 2 – w/c 13th Jan, 3rd, 24th Feb, 17th March

Week 3	Beef Mince Bolognese with Wholemeal Pasta Twirls		Roast Chicken with Stuffing & Gravy	Chicken Curry	Battered Fish Fillet
	Veggie Pasta	Spanish Omelette	Quorn Fillet & Gravy	Sweet Potato and Chickpea Curry	BBQ Whirls
	Garlic Bread Slice	Wedges	Roast Potatoes	Rice	Chips
	Carrot, Pea & Sweetcorn Mix	Fresh Broccoli Florets	Cauliflower	Mixed Vegetables	Baked Beans
		Baked Beans	Carrots	Sweetcorn	Peas
	Shortbread & Fruit	Frozen Yoghurt	Apple Sponge	Chocolate Cake & Chocolate Sauce	Biscuit Choice

Week 3 – 20th Jan, 10th Feb, 3rd, 24th Mar

Freshly Baked Bread, Filled Jacket Potatoes, Salad, Fresh Fruit and Yogurts are available daily

